What is claimed is:

- 1. A process for making an implant more suitable for implantation into a recipient, wherein the implant at least partially comprises a soft tissue, the process comprising:
- (a) contacting the implant with a protective agent selected from the group consisting of alcohols and polyols;
 - (b) contacting the implant with an oxidizing sterilant; and
 - (c) contacting the implant with a rinsing fluid.
- 2. The process of claim 1, wherein at least one of steps (a), (b) or (c) further comprises cyclically increasing and decreasing pressure during the contact with the implant.
 - 3. The process of claim 1, further comprising:
 - (d) contacting the implant with an oxidizing sterilant; and
 - (e) contacting the implant with a rinsing fluid.
- 4. The process of claim 3, wherein at least one of steps (a) through (e) further comprises cyclically increasing and decreasing pressure during the contact with the implant.
- 5. The process of claim 1, further comprising the step of rinsing the implant with an aqueous solution between steps (b) and (c).
- 6. The process of claim 1 wherein prior to step (b), the implant contains an amount of the alcohol in the soft tissue sufficient to reduce damage from oxidation to the soft tissue.
- 7. The process of claim 1, wherein the rinsing fluid is selected from the group consisting of alcohols, polyols, acetone, water, and mixtures thereof.
- 8. The process of claim 1, wherein the rinsing fluid comprises a monohydric alcohol having one to eight carbon atoms.

- 9. The process of claim 1, wherein step (b) comprises contacting the implant with an aqueous solution comprising hydrogen peroxide in a concentration range of from about 1% to about 10%.
- 10. The process of claim 1, wherein the implant comprises at least one tendon or ligament.
- 11. The process of claim 1, wherein the implant comprises a tendon having bone attached thereto.
- 12. The process according to any of claims 1, 2, 3, 4, 5, or 6 further comprising applying tension to the soft tissue at least during part of step (b).
- 13. The process according to any of claims 1, 2, 3, 4, 5, or 6 further comprising: applying kinematic restraint to the soft tissue during each of steps (a), (b) and (c).
- 14. A process for making an implant more suitable for implantation into a recipient, wherein the implant at least partially comprises a soft tissue, the process comprising: contacting the implant with a peroxide for less than about 80 consecutive minutes.
- 15. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 60 consecutive minutes.
- 16. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 40 consecutive minutes.
- 17. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 20 consecutive minutes.
- 18. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 10 consecutive minutes.

- 19. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 5 consecutive minutes.
- 20. The process of claim 14 wherein the implant is contacted with a peroxide for no more than about 60 consecutive seconds.
- 21. The process according to any of claims 14, 15, 16, 17, 18, 19, or 20, further comprising cyclically increasing and decreasing pressure during at least part of the peroxide contact.
- 22. The process according to any of claims 14, 15, 16, 17, 18, 19, or 20 wherein the implant is contacted with the peroxide at a temperature greater than 42°C.
- 23. The process according to any of claims 14, 15, 16, 17, 18, 19, or 20 wherein the implant is contacted with the peroxide at a temperature of at least about 48°C.
- 24. The process of claim 14 wherein the implant comprises at least one tendon or ligament.
- 25. The process of claim 14 wherein the implant comprises a tendon having bone attached thereto.
- 26. The process of claim 14, further comprising the step of applying tension to the soft tissue at least during part of the contact with the peroxide.
- 27. A process for treating an implant so as to sterilize the implant prior to implantation, the implant comprising a soft tissue, the process comprising:

applying tension to the soft tissue while contacting the soft tissue with a cleaning agent.

- 28. The process of claim 27 wherein from about 0.5 Newton to about 20 Newtons of tension are applied to the soft tissue.
- 29. The process of claim 27 wherein from about 1 Newton to about 10 Newtons of tension are applied to the soft tissue.
- 30. The process of claim 27 wherein from about 3 Newtons to about 5 Newtons of tension are applied to the soft tissue.
- 31. The process of claim 27 wherein the cleaning agent comprises an oxidizing sterilant.
 - 32. The process of claim 31 wherein the oxidizing sterilant is a peroxide.
- 33. The process of claim 32, wherein the peroxide is an aqueous solution of hydrogen peroxide.
 - 34. The process of claim 27 wherein the cleaning agent comprises a disinfectant.
 - 35. The process of claim 27 wherein the cleaning agent is a decontaminating agent.
 - 36. The process of claim 27 wherein the cleaning agent comprises a detergent.
- 37. The process of claim 27 wherein the cleaning agent is selected from the group consisting of alcohols, polyols, detergents, and mixtures and combinations thereof.
- 38. The process of claim 27 further comprising the step of contacting the implant with an alcohol before contact with the cleaning agent.
- 39. The process of claim 27, further comprising the step of contacting the implant with a rinsing fluid after contact with the cleaning agent.

- 40. The process according to any of claims 27, 34, 35, 36, or 37, further comprising the step of cyclically increasing and decreasing pressure while the cleaning agent contacts the implant.
- 41. The process of claim 27 wherein the implant comprises at least one tendon or ligament.
- 42. The process of claims 27 wherein the implant comprises a tendon having bone attached thereto.
- 43. An apparatus for applying tension to an implant for treatment, the apparatus comprising:
 - (a) fasteners adapted to securely hold first and second ends of an implant;
- (b) a resilient member disposed between the two fasteners; wherein the resilient member is connected to the fasteners so as to apply a force to the fasteners.
- 44. The apparatus of claim 43, wherein the resilient member is connected to the fasteners so as to force the fasteners apart.
 - 45. The apparatus of claim 43, wherein the resilient member is a spring.
- 46. The apparatus of claim 43, further comprising a shaft disposed between the fasteners, and the fasteners are slidable along the shaft.
- 47. The apparatus of claim 43, further comprising a locking mechanism connected to one of the fasteners and adapted to lock the fastener at a desired location along the shaft.
- 48. The apparatus of claim 47, wherein the shaft comprises a channel, and the locking mechanism is a screw adapted to engage the channel of the shaft.

- 49. The apparatus of claim 48, wherein the channel has teeth adapted to engage the screw.
- 50. The apparatus of claim 43, further comprising a visual indicator adapted to indicate a predetermined force is applied by the resilient member.
- 51. The apparatus of claim 43 wherein the visual indicator comprises a scale marked on the shaft.
- 52. The apparatus of claim 43 wherein the visual indicator comprises the interaction between the resilient member and one of the fasteners.
- 53. An apparatus for applying kinematic restraint to an implant for treatment, the apparatus comprising:
 - (a) fasteners adapted to securely hold one or more portions of an implant;
- (b) a resilient member disposed between the two fasteners; wherein the resilient member is adapted to apply a controlled force, torque, displacement, or orientation to the implant.
- 54. The apparatus of claim 53, wherein the fastener is selected from the group consisting of blocks, clips, loops, brackets, ratchets, and combinations thereof.
- 55. The apparatus of claim 53, wherein the fastener is made from a material selected from the group consisting of plastics, metals, ceramics, composites, and combinations thereof.
 - 56. The apparatus of claim 53, wherein the fastener is a one-piece fastener.
 - 57. The apparatus of claim 53, wherein the fastener is a multi-piece fastener.

- 58. The apparatus of claim 53, wherein the resilient member is selected from the group consisting of coil springs, leaf springs, torsional springs, flexible plastic members, and combinations thereof.
- 59. A process of providing kinematic restraint to a implant comprising a soft tissue, the process comprising:

loading an implant on the apparatus of claim 53; and

providing kinematic restraint to the implant throughout one or more steps of recovery, processing, packaging, shipment, storage, preoperative preparation, intraoperative, and intraoperative handling of the implant.

- 60. The apparatus of claim 53, wherein the apparatus is constructed of a material selected from the group consisting of medical grade thermoplastics, sheet metals, stainless steels, and combinations thereof.
 - 61. A packaging apparatus for an implant comprising:

the kinematic restraint apparatus of claim 53, and

- a packaging material for sterile packaging an implant, wherein the restraint and the implant are disposed inside the packaging material.
- 62. The packaging apparatus of claim 61 wherein the packaging material comprises a means for holding the restraint or the implant in a predetermined place.
- 63. A process for making an implant more suitable for implantation into a recipient, wherein the implant at least partially comprises a soft tissue, the process comprising:
 - (a) contacting the implant with and alcohol;
 - (b) contacting the implant with a peroxide for less than about 80 minutes;
 - (c) contacting the implant with and alcohol; and
 - (d) applying tension to the implant during at least one of steps (a), (b) or (c).

64. A process for making an implant more suitable for implantation into a recipient, wherein the implant at least partially comprises a soft tissue, the process comprising:

applying tension to the implant;

perfusing the tensioned implant with an alcohol; and

perfusing the tensioned implant with a peroxide for less than about 80 cumulative minutes.